SPARX Health Management Roadmap, Fiscal 2023



We have created our annual SPARX Health Management Roadmap with the issues we want to address through health management to improve employee productivity, well-being, and organizational performance. The SPARX health management strategy for fiscal 2023 aims to maintain and promote employee physical health through effective health investment.

Health investments (Initiatives)		Health investment effectiveness								Issues to address
		Health investment effectiveness indicators		ors		Final health-rela	through health management			
	Physical examination allowances	Uptake rate for routine checkups & physical examinations		٦						
Routine checkups	Cancer screening promotion & allowances		screening uptake rate			Reduce lipid, liver function &				
	Post-checkup follow-up interviews	Secondary o uptake rate f	or those			glucose metabolism abnormalities	3		Reduce	
	Secondary checkup allowances	requiring further examination & treatment					ysical		presenteeism	Employee productivity improvements & well-being
	Providing well- balanced catered lunches	Applicant numbers & satisfaction	Findings from health issue surveys	-	Decrease in feelings of physical	Physical health main promotion		Reduce		
Lifestyle improvement	Holding health seminars & workshops	Participation rate & satisfaction		th		inactivity	maintenance otion		absenteeism	Improve organizational
programs	Gym membership allowances	Utilization rate							Improve work	performance
						Increase in sleep	م ک	0	engagement	
Improve health literacy	Sharing internal & external health news	Number of posts/views				satisfaction				
	Medical consultation services	Number of consultations						L		